## **Vacation Crime Prevention Tips**

During the spring and summer months many people spend more time outdoors working on projects, hosting barbecues, or relaxing by the pool. Criminals don't take summer vacation. Here are a few crime prevention tips to keep in mind:

• Lock and close your windows at night. It is very tempting to leave those windows open and let the cool air in. If you do so, make sure to use safety locks that prevent the window from being

open more than a few inches.

- closed. People often go outside to do yard work and fail to close their garage door. Criminals may steal items from the garage itself, or use it to access your home. Once inside the criminal can grab an armful of items and run off without ever being noticed.
- Be wary of homeimprovement scams. Some criminals work together during the summer months. One will come to your door and distract

you, while the other sneaks into your garage, backyard, or home to take whatever they can grab. Be wary of anyone who approaches your front door and don't let them take up too much of your time.

Every year thousand of burglaries occur all over the United States. Teach your family how to guard themselves and their property.

The goal of crime prevention is to reduce the risk of being a victim. Therefore, it is important to remove opportunities for a criminal to take advantage of you and your property.

## **Roseville Municipal Code**

10.36.030 It is unlawful for any person to solicit orders for, to peddle, or to hawk goods, services, or merchandise, or to conduct any charitable or other solicitation at any house or residence when a sign in clear view has been placed prohibiting such solicitation or peddling. For purposes of this section, a sign prohibiting either solicitation or peddling shall be construed to prohibit both. (Ord. 2290 § 1, 1990.)

#### **NO SOLICITING**



Download a sign for your home <u>here</u> or go to the police website and search for No Soliciting

## "Outdoor Security How Secure is the Outside of Your Home?

Take a walk around your home and answer yes or no to the following statements.

- Shrubs and bushes are trimmed so there is no place for someone to hide.
- There are no dark areas around your house, garage, or yard at night that would hide prowlers.
- Every outside door has a bright, working light to illuminate visitors.
- Floodlights are used appropriately to ensure effective illumination.
- Outdoor lights are on in the evening-whether someone is at home or not, or a photocell or motion-sensitive lighting system has been installed.
- Your house number is clearly displayed so police and other emergency vehicles can find your house quickly.

If you answered "no" to any of the statements, take action to correct the item. Take steps to decrease the likelihood that your home will be targeted by a criminal



# Vacation House Check

If you are heading out for a vacation this summer, don't forget to request a free "Vacation House Check" before you leave. To submit



a request (follow this link) go to police website and search "Vacation House Check" or call (916) 746-1052 for more information.

## Safety Tips to Prevent Car Break-Ins

When you and your family get into the car and head out to a fun-filled day, always keep in mind that criminals may also be sharing the day with you.

Criminals are always looking for an easy target. Practice these safety tips:

- Conceal all your valuables. Don't leave any bait out for the thieves, stow you electronics and accessories well out of sight or bring it with you.
- **Lock your doors.** Up to a quarter of theft from vehicles are from unlocked cars.
- Stash before-not after-you park. Put shopping bags in the trunk right when you return to the vehicle, rather than after you park at the next place. Don't show thieves what you have.
- Park for visibility. Park in a busy, well lit area, and avoid concealment from larger vehicles, fences, or foliage.
- Be prepared. Never leave your vehicle unattended with the engine running. Avoid overloading yourself with packages.

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## **Pioneering Cardiac Care Program** Launches in Roseville



### **New ECG** technology is saving lives in Roseville.

The City of Roseville Fire Department is pioneering a

new way to improve the survival rates of cardiac patients. In partnership with Kaiser Permanente Roseville and Sutter Roseville Medical Center, Roseville Fire has moved to the next frontier of timely medical treatment.

This new technology allows Roseville firefighter/paramedics to wirelessly transmit electrocardiogram (ECG) results directly to the two primary hospitals in the city. This allows emergency room doctors to start the patient assessment process prior to their arrival at the emergency room.

With this newly enhanced system technology, vital information can be communicated between paramedics and medical doctors. This allows for better patient care, up to the second monitoring, and early intervention if drugs are necessary for treatment. Why is this important? "Time is muscle. Every second that the heart muscle goes without oxygen, the chance of survival decreases," said Vicki Wolf, EMS Manager for the Roseville Fire Department.

Roseville Fire has been using wireless cardiac monitors for almost three years. The new upgrade to the systems has added pre-hospital monitors, wireless modems, and cloud based storage. This was paid for by a federal grant.

Rapid delivery of this state of the art cardiac care technology was responsible for saving the lives of five Roseville residents in recent months.

## **How to Use 9-1-1**

#### Call 9-1-1 first in a medical emergency.

Serious medical emergencies are timesensitive and seniors often call a family member first. This delays medical care. Medical emergencies include:

- **Trouble Breathing**
- **Heart Attack**
- Stroke
- **Major Falls**

Paramedics need to know specific information about you during an emergency. Download and complete a patient information from the "Vial of Life" and keep it in a convenient location should you need it (see "Vial of Life" on the Fire Department website). Have the following information readily available:

- Medical conditions you have
- Medications you're taking and how much
- Allergies you suffer from
- Date of birth, emergency contact and telephone number
- Health card number

#### Help save critical time by:

- Putting animals in another room
- Turning on lights
- Ensuring your house number can be seen easily
- Unlocking and opening the front door
- Clearing a path to the patient, both inside and outside leave room for the ambulance in the driveway if possible.

## **Hands Only CPR**

Cardiopulmonary resuscitation, or CPR, keeps a person's blood and oxygen pumping to the brain and heart until help can arrive in an emergency. About 80 percent of all cardiac arrests happen somewhere other than in a hospital. Learning



this lifesaving technique improves a victim's chance of survival.

If you see a teen or adult suddenly collapse, call 9-1-1 and push hard and fast in the center of the chest to the beat of the classic disco song "Stayin' Alive." CPR can more than double a person's chances of survival, and "Stayin' Alive" has the right beat for Hands-Only CPR.

For an instructional video on how to perform Hands Only CPR visit the Fire Department's website www.roseville.ca.us/fire.



Sources: Roseville Fire Website, Crime Prevention tips.org, AAA, National Traffic Safety Administration

Call 9-1-1 **EMERGENCY** IN PROGRESS

**NON-EMERGENCY** Fire (916) 774-5800 Police (916)-774-5000 Extension 1

## **Police Department**

1051 Junction Blvd. Roseville CA 95678 (916) 774-5000 www.roseville.ca.us/police

#### Fire Headquarters

401 Oak Street, Fire Station #1 Roseville, CA 95678 (916) 774-5800 www.roseville.ca.us/fire

### **Abandoned Vehicle Hotline**

(916) 746-1022

Alarm Permits/Info. (916) 774-5093

> **Animal Control** (916)774-5090

Community Events & **Neighborhood Watch** 

(916) 774-5050 PDCommunityServices@roseville.ca.us

**Graffiti Abatement** (916) 746-1021

**Police News & Crime Alert Emails:** www.roseville.ca.us/enotify

#### **RCONA**

(Roseville Coalition Of Neighborhood Associations) www.RCONA.org



