## **Halloween Safety**

It's October and that means Halloween will soon be upon us. Here are some safety tips to review before your ghost or goblin heads out for an evening of trick-or-treating.

# Walk Safely

- Cross the street at corners, using traffic signals and crosswalks.
- Look left, right and left again when crossing and keep looking as you cross.
- Put electronic devices down and keep heads up and walk, don't run, across the street.
- Teach children to make eye contact with drivers before crossing in front of them.
- Always walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible. Children should walk on direct routes with the fewest street crossings.
- Watch for cars that are turning or backing up. Teach children to never dart out into the street or cross between parked cars.

# Drive Extra Safely on Halloween

- Slow down and be especially alert in residential neighborhoods. Children are excited on Halloween and may move in unpredictable ways.
- Take extra time to look for kids at intersections, on medians and on curbs.
- Enter and exit driveways and alleys slowly and carefully.
- Eliminate any distractions inside your car so you can concentrate on the road and your surroundings.
- Drive slowly, anticipate heavy pedestrian traffic and turn your headlights on earlier in the day to spot children from greater distances.
- Popular trick-or-treating hours are 5:30 p.m. to 9:30 p.m. so be especially alert for kids during those hours.

# **Keep Costumes Both Creative and Safe**

- Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors.
- Choose face paint and makeup whenever possible instead of masks, which can obstruct a child's vision.
- Have kids carry glow sticks or flashlights to help them see and be seen by drivers.
- When selecting a costume, make sure it is the right size to prevent trips and falls.

See more at: http://www.safekids.org/tip/halloween-safety tips#sthash.yYuYMQKW.dpuf

# Halloween Food Safety Tips for Parents

Take these simple steps to help your children have a fun - and safe - Halloween

- Children shouldn't snack while they're out trick-ortreating. Urge your children to wait until they get home and you have had a chance to inspect the contents of their "goody bags."
- To help prevent children from snacking, give them a light meal or snack before they head out - don't send them out on an empty stomach.
- Tell children not to accept and especially not to eat
  anything that isn't commercially wrapped.
- Parents of very young children should remove any choking hazards such as gum, peanuts, hard candies or small toys.
- Inspect commercially wrapped treats for signs of tampering, such as an unusual appearance or discoloration, tiny pinholes, or tears in wrappers. Throw away anything that looks suspicious.

### Consumer Advisory: Black Licorice Can Be A Dangerous Treat For Some

Do you patiently wait for Halloween to satisfy your black licorice cravings? Beware black licorice enthusiasts - too much of it can cause serious harm! If you are over the age of 40 and consume multiple 2 oz bags (roughly 40-50 grams each) of black licorice a day for at least two weeks you could be at risk for heart arrhythmias.

The U.S. Food and Drug Administration received a recent report describing adverse events linked to black licorice consumption. Similar reports have been published in a number of medical journals connecting black licorice consumption to adverse events in individuals over the age of 40, some of whom have a history of underlying heart disease and/or hypertension.

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### It's Fire Prevention Week Help us sound the alarm that working smoke alarms save lives.

Did you know that many people don't test their smoke alarms as often as they should? When there is a fire, smoke spreads fast. You need working smoke alarms to give you time to get out. Test yours every month!

Plan Ahead! If a fire breaks out in your home, you may have only a few minutes to get out safely once the smoke alarm sounds. Everyone needs to know what to do and where to go if there is a fire. Take

# Safety Tips for You and Your **Family**

- Make a home escape plan. Draw a map of your home showing all doors and windows. Discuss the plan with everyone in your
- Know at least two ways out of every room, if possible. Make sure all doors and windows leading outside open easily.
- Have an outside meeting place (like a tree, light pole, or mailbox) a safe distance from the home where everyone should
- Practice your home fire drill at night and during the day with everyone in your home, twice a year.
- Practice using different ways out.
- Teach children how to escape on their own in case you can't help them.
- Close doors behind you as you leave.



**Working Smoke Alarms Save Lives** 

**Test Yours Every Month!** Fire Prevention Week · October 5-11, 2014 (



Fire can spread rapidly through your home, leaving you as little as two minutes to escape safely once the alarm sounds.

#### Facts:

- According to an NFPA survey, only one of every three American households have actually developed and practiced a home fire escape plan.
- While 71% of Americans have an escape plan in case of a fire, only 47% of those have practiced it.
- One-third of American households who made an estimate thought they would have at least 6 minutes before a fire in their home would become life-threatening. The time available is often less.
- And only 8% said their first thought on hearing a smoke alarm would be to get out.

## your smoke alarm sounds...

- Get out and stay out. Never go back inside for people or pets.
- If you have to escape through smoke, get low and go under the smoke to your way out.
- Call the fire department from outside your home.





## **Halloween Safety Tips**

- Tell children to stay away from open flames. Be sure they know how to stop, drop and roll if their clothing catches fire. (Have them practice, stopping immediately, dropping to the ground, covering their face with hands, and rolling over and over to put the flames out.)
- When choosing a costume stay away from billowing or long trailing fabric. If your child is wearing a mask, make sure the eye holes are large enough so they can see out.
- Dried flowers, cornstalks and crepe paper are highly flammable. Keep these and other decorations well away from all open flames and heat sources, including light bulbs, and heaters.

Sources: \*NFPA National Fire Protection Association, US Fire Administration, SAFE Kids.org, US Food & Drug Administration.

Call 9-1-1 **EMERGENCY** IN PROGRESS

**NON-EMERGENCY** Fire (916) 774-5800 Police (916)-774-5000 Extension 1 Police Department

1051 Junction Blvd. Roseville CA 95678 (916) 774-5000 www.roseville.ca.us/police

Fire Headquarters

401 Oak Street, Fire Station #1 Roseville, CA 95678 (916) 774-5800 www.roseville.ca.us/fire

**Abandoned Vehicle Hotline** 

(916) 746-1022

**Alarms/Alarm Permits** (916) 774-5093

**Animal Control** (916)774-5090

Community Events & **Neighborhood Watch** (916) 774-5050 PDCommunityServices@roseville.ca.us Graffiti Abatement (916) 746-1021

**Police News & Crime Alert Emails:** www.roseville.ca.us/enotify

**RCONA** 

(Roseville Coalition Of Neighborhood Associations) www.RCONA.org



